

FAO

.....

Food balance sheets

.....

Bilans alimentaires

.....

Hojas de balance de alimentos

.....

1992-94 average

Moyenne 1992-1994

Promedio 1992-94

**FOOD
AND AGRICULTURE
ORGANIZATION
OF THE
UNITED NATIONS
Rome, 1996**

**ORGANISATION
DES NATIONS UNIES
POUR L'ALIMENTATION
ET L'AGRICULTURE
Rome, 1996**

**ORGANIZACION
DE LAS NACIONES UNIDAS
PARA
LA AGRICULTURA
Y LA ALIMENTACION
Roma, 1996**

MEXICO
SUMINISTRO DE ALIMENTOS POR PERSONA

| | 1961-63 | 1964-66 | 1969-71 | 1974-76 | 1979-81 | 1982-84 | 1984-86 | 1987-89 | 1989-91 | 1992-94 |
|-------------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| POBLACION (EN MILES) | 39258 | 43134 | 50475 | 58862 | 67062 | 72085 | 75534 | 80873 | 84514 | 90024 |
| K I L O G R A M O S / A N O | | | | | | | | | | |
| CEREALES | 159.7 | 161.7 | 169.1 | 170.2 | 177.1 | 181.7 | 182.2 | 180.3 | 176.8 | 170.9 |
| RAICES Y TUBERCULOS | 11.3 | 11.1 | 12.1 | 11.9 | 14.3 | 13.4 | 12.4 | 11.3 | 13.4 | 12.9 |
| EDULCORANTES | 39.4 | 42.9 | 41.6 | 45.6 | 49.0 | 46.6 | 48.5 | 47.6 | 51.1 | 51.1 |
| LEGUMINOSAS SECAS | 16.6 | 18.9 | 17.1 | 15.3 | 20.1 | 16.6 | 15.0 | 11.1 | 13.1 | 13.4 |
| HORTALIZAS | 19.7 | 19.7 | 23.1 | 26.9 | 31.5 | 32.8 | 33.4 | 36.3 | 38.3 | 34.6 |
| FRUTAS | 70.3 | 86.3 | 83.9 | 88.6 | 97.4 | 104.6 | 102.6 | 92.7 | 95.0 | 105.4 |
| CARNES Y DESPOJOS | 29.1 | 29.2 | 27.4 | 33.5 | 42.0 | 46.0 | 44.9 | 42.1 | 41.5 | 47.6 |
| HUEVOS | 3.4 | 4.0 | 5.7 | 6.2 | 8.2 | 8.6 | 9.7 | 11.3 | 11.0 | 11.7 |
| PESCADO Y FRUTOS DE MAR | 2.7 | 3.3 | 4.1 | 4.5 | 10.7 | 10.4 | 10.2 | 10.5 | 11.6 | 11.4 |
| LECHE | 59.7 | 60.6 | 78.8 | 103.2 | 121.3 | 106.1 | 107.1 | 94.2 | 92.3 | 105.3 |
| ACEITES Y GRASAS | 7.3 | 7.4 | 7.3 | 8.7 | 11.5 | 13.5 | 14.1 | 14.7 | 14.2 | 14.8 |
| ACEITES VEGETALES | 5.8 | 6.1 | 5.9 | 6.8 | 9.1 | 10.8 | 10.9 | 10.7 | 10.2 | 11.1 |
| GRASAS ANIMALES | 1.4 | 1.3 | 1.5 | 1.9 | 2.4 | 2.7 | 3.2 | 4.0 | 3.9 | 3.8 |
| ESPECIAS | 0.4 | 0.5 | 0.4 | 0.5 | 0.5 | 0.3 | 0.4 | 0.6 | 0.6 | 0.5 |
| ESTIMULANTES | 1.4 | 1.9 | 2.2 | 1.8 | 1.7 | 1.7 | 1.4 | 2.4 | 2.5 | 3.8 |
| BEBIDAS ALCOHOLDCAS | 23.1 | 27.0 | 28.5 | 35.1 | 41.9 | 38.3 | 36.0 | 41.1 | 46.6 | 48.0 |
| C A L O R I A S (NUMERO/DIA) | | | | | | | | | | |
| TOTAL GENERAL | 2532 | 2629 | 2706 | 2837 | 3149 | 3194 | 3157 | 3029 | 3038 | 3053 |
| DE ORIGEN VEGETAL | 2235 | 2334 | 2379 | 2413 | 2618 | 2658 | 2634 | 2543 | 2564 | 2541 |
| DE ORIGEN ANIMAL | 297 | 296 | 328 | 424 | 531 | 536 | 523 | 485 | 474 | 512 |
| CEREALES | 1376 | 1390 | 1454 | 1441 | 1486 | 1533 | 1518 | 1486 | 1444 | 1388 |
| RAICES Y TUBERCULOS | 24 | 23 | 25 | 24 | 27 | 26 | 23 | 21 | 25 | 24 |
| EDULCORANTES | 384 | 419 | 406 | 444 | 478 | 454 | 473 | 464 | 498 | 498 |
| LEGUMINOSAS SECAS | 159 | 181 | 164 | 147 | 192 | 159 | 143 | 107 | 127 | 130 |
| HORTALIZAS | 12 | 13 | 16 | 18 | 22 | 23 | 24 | 25 | 27 | 26 |
| FRUTAS | 75 | 90 | 86 | 91 | 97 | 106 | 105 | 92 | 95 | 104 |
| CARNES Y DESPOJOS | 161 | 157 | 149 | 194 | 249 | 271 | 247 | 206 | 198 | 224 |
| HUEVOS | 12 | 15 | 21 | 22 | 30 | 31 | 35 | 41 | 40 | 42 |
| PESCADO Y FRUTOS DE MAR | 4 | 6 | 8 | 7 | 19 | 18 | 18 | 19 | 20 | 20 |
| LECHE | 88 | 91 | 120 | 160 | 184 | 161 | 158 | 139 | 136 | 151 |
| ACEITES Y GRASAS | 171 | 174 | 172 | 204 | 269 | 316 | 328 | 338 | 325 | 341 |
| ACEITES VEGETALES | 142 | 148 | 143 | 166 | 221 | 263 | 265 | 260 | 248 | 268 |
| GRASAS ANIMALES | 29 | 26 | 29 | 38 | 48 | 53 | 63 | 78 | 77 | 73 |
| ESPECIAS | 3 | 4 | 3 | 4 | 4 | 2 | 3 | 5 | 5 | 4 |
| ESTIMULANTES | 2 | 3 | 4 | 3 | 3 | 3 | 3 | 4 | 6 | 8 |
| BEBIDAS ALCOHOLDCAS | 32 | 37 | 39 | 46 | 55 | 54 | 50 | 56 | 64 | 63 |
| P R O T E I N A (GRAMOS/DIA) | | | | | | | | | | |
| TOTAL GENERAL | 65.3 | 67.7 | 70.4 | 73.2 | 84.0 | 83.9 | 82.4 | 78.4 | 78.6 | 80.7 |
| DE ORIGEN VEGETAL | 47.9 | 49.8 | 50.8 | 49.3 | 53.3 | 53.0 | 51.5 | 48.7 | 49.1 | 47.9 |
| DE ORIGEN ANIMAL | 17.4 | 17.9 | 19.6 | 23.9 | 30.7 | 30.8 | 31.0 | 29.7 | 29.5 | 32.9 |
| CEREALES | 35.6 | 35.9 | 37.4 | 37.0 | 38.1 | 39.4 | 39.0 | 38.2 | 37.2 | 35.8 |
| RAICES Y TUBERCULOS | 0.3 | 0.3 | 0.4 | 0.4 | 0.5 | 0.4 | 0.4 | 0.4 | 0.4 | 0.4 |
| LEGUMINOSAS SECAS | 8.7 | 9.9 | 9.0 | 8.0 | 10.5 | 8.8 | 7.9 | 5.9 | 6.9 | 7.1 |
| HORTALIZAS | 0.5 | 0.5 | 0.7 | 0.8 | 0.9 | 1.0 | 1.0 | 1.1 | 1.2 | 1.2 |
| FRUTAS | 1.2 | 1.4 | 1.4 | 1.4 | 1.5 | 1.7 | 1.6 | 1.4 | 1.4 | 1.6 |
| CARNES Y DESPOJOS | 10.6 | 10.7 | 9.9 | 11.9 | 14.8 | 16.2 | 16.0 | 15.4 | 15.2 | 17.2 |
| HUEVOS | 1.0 | 1.1 | 1.6 | 1.7 | 2.3 | 2.4 | 2.7 | 3.1 | 3.0 | 3.2 |
| PESCADO Y FRUTOS DE MAR | 0.7 | 0.8 | 1.1 | 1.1 | 2.8 | 2.8 | 2.7 | 2.8 | 3.1 | 3.1 |
| LECHE | 5.2 | 5.3 | 6.9 | 9.2 | 10.8 | 9.4 | 9.5 | 8.3 | 8.2 | 9.3 |
| ACEITES Y GRASAS | 0.0 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 |
| ESPECIAS | 0.1 | 0.2 | 0.1 | 0.2 | 0.1 | 0.1 | 0.1 | 0.2 | 0.2 | 0.2 |
| ESTIMULANTES | 0.3 | 0.3 | 0.4 | 0.3 | 0.3 | 0.3 | 0.3 | 0.4 | 0.5 | 0.4 |
| BEBIDAS ALCOHOLDCAS | 0.2 | 0.2 | 0.2 | 0.3 | 0.3 | 0.3 | 0.3 | 0.3 | 0.4 | 0.4 |
| G R A S A (GRAMOS/DIA) | | | | | | | | | | |
| TOTAL GENERAL | 54.9 | 55.3 | 57.8 | 66.6 | 80.9 | 87.4 | 85.6 | 81.5 | 79.5 | 83.6 |
| DE ORIGEN VEGETAL | 33.0 | 33.9 | 34.7 | 36.2 | 43.3 | 48.2 | 47.9 | 46.7 | 45.7 | 47.6 |
| DE ORIGEN ANIMAL | 21.9 | 21.4 | 23.1 | 30.4 | 37.6 | 39.2 | 37.7 | 34.8 | 33.8 | 36.0 |
| CEREALES | 13.1 | 13.0 | 13.4 | 13.1 | 13.2 | 13.3 | 13.5 | 13.6 | 13.1 | 12.6 |
| RAICES Y TUBERCULOS | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| EDULCORANTES | 0.1 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| LEGUMINOSAS SECAS | 0.8 | 0.9 | 0.8 | 0.8 | 1.0 | 0.8 | 0.8 | 0.6 | 0.7 | 0.7 |
| HORTALIZAS | 0.1 | 0.1 | 0.1 | 0.1 | 0.2 | 0.2 | 0.2 | 0.2 | 0.2 | 0.2 |
| FRUTAS | 0.5 | 0.6 | 0.7 | 0.7 | 0.9 | 0.9 | 0.9 | 0.7 | 0.9 | 1.0 |
| CARNES Y DESPOJOS | 12.8 | 12.3 | 11.7 | 15.8 | 20.6 | 22.3 | 19.8 | 15.5 | 14.7 | 16.6 |
| HUEVOS | 0.8 | 1.0 | 1.4 | 1.5 | 2.0 | 2.0 | 2.3 | 2.7 | 2.6 | 2.8 |
| PESCADO Y FRUTOS DE MAR | 0.2 | 0.2 | 0.3 | 0.3 | 0.7 | 0.7 | 0.7 | 0.7 | 0.8 | 0.7 |
| LECHE | 4.9 | 5.1 | 6.5 | 8.6 | 9.0 | 8.3 | 7.9 | 7.1 | 7.0 | 7.7 |
| ACEITES Y GRASAS | 19.3 | 19.6 | 19.4 | 23.0 | 30.4 | 35.6 | 37.0 | 38.2 | 36.7 | 38.5 |
| ACEITES VEGETALES | 16.0 | 16.7 | 16.1 | 18.7 | 25.0 | 29.7 | 29.9 | 29.3 | 28.1 | 30.3 |
| GRASAS ANIMALES | 3.2 | 2.9 | 3.2 | 4.3 | 5.4 | 5.9 | 7.1 | 8.8 | 8.7 | 8.1 |
| ESPECIAS | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.0 | 0.1 | 0.1 | 0.1 | 0.1 |
| ESTIMULANTES | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.3 | 0.3 |

MEXICO
HOJA DE BALANCE DE ALIMENTOS
(PROMEDIO 1992-94)

POBLACION 90 024 000

| PRODUCTOS | SUMINISTRO INTERNO | | | | | UTILIZATION INTERNA | | | | | SUMINISTRO POR PERSONA | | | |
|-----------------------------|--------------------|-----------------|--|-----------------|-------|---------------------|--------------|--|--|------------------|------------------------------|--------------|---------------|------------|
| | PRODUC CION | IMPOR TACION | CAM BIOS EN LAS EXIS TENCIAS | EXPOR TACION | TOTAL | PIEN SOS | SEMI LLAS | ELABORA CION PARA ALIMEN TOS | OTROS USOS + DESPER DICIOS | ALIMEN TACION | KILO GRAMOS POR AÑO | AL DIA | | |
| | | | | | | | | | | | | CALO RIAS | PROTE INAS | GRA SAS |
| | | | | | | | | | | | | | | |
| 1000 TONELADAS METRICAS | | | | | | | | | | | (G) | (G) | (G) | |
| TOTAL GENERAL | | | | | | | | | | | 3053 | 80.7 | 83.6 | |
| DE ORIGEN VEGETAL | | | | | | | | | | | 2541 | 47.9 | 47.6 | |
| DE ORIGEN ANIMAL | | | | | | | | | | | 512 | 32.9 | 36.0 | |
| CEREALES | 26549 | 7719 | 700 | 189 | 33379 | 13838 | 531 | 1092 | 2531 | 15388 | 170.9 | 1388 | 35.8 | 12.6 |
| TRIGO | 3785 | 1620 | | 97 | 5307 | 857 | 96 | | 514 | 3841 | 42.7 | 301 | 8.1 | 1.0 |
| ARROZ | 274 | 313 | | | 587 | | 4 | 64 | 20 | 499 | 5.5 | 50 | 1.0 | 0.1 |
| CEBADA | 466 | 207 | | | 673 | 239 | 13 | 349 | 63 | 9 | 0.1 | | | |
| MAIZ | 17763 | 1486 | 700 | 92 | 18457 | 4620 | 395 | 678 | 1769 | 10995 | 122.1 | 1035 | 26.6 | 11.4 |
| AVENA | 54 | 75 | | | 129 | 84 | 3 | | 1 | 40 | 0.4 | 3 | 0.1 | |
| MIJO | 3 | 2 | | | 5 | 5 | | | | | | | | |
| SORGO | 4202 | 3982 | | | 8185 | 8001 | 20 | | 164 | | | | | |
| CEREALES, NEP | 1 | 34 | | | 35 | 32 | | | 1 | 2 | | | | |
| RAICES Y TUBERCULOS | 1288 | 175 | | 15 | 1448 | | 54 | | 231 | 1163 | 12.9 | 24 | 0.4 | |
| PATATAS | 1171 | 165 | | 2 | 1335 | | 54 | | 225 | 1057 | 11.7 | 21 | 0.4 | |
| BATATAS CAMOTE | 37 | 1 | | | 38 | | | | 3 | 35 | 0.4 | 1 | | |
| YUCA MANDIOCA | 1 | 9 | | | 10 | | | | | 9 | 0.1 | | | |
| RAICES, NEP | 78 | | | 13 | 65 | | | | 4 | 61 | 0.7 | 2 | | |
| COSECHAS AZUCARERAS | 41124 | | | | 41124 | 822 | | 36063 | 4239 | | | | | |
| CANA DE AZUCAR | 41124 | | | | 41124 | 822 | | 36063 | 4239 | | | | | |
| EDULCORANTES | 3894 | 219 | -725 | 86 | 4751 | | | | 148 | 4604 | 51.1 | 498 | | |
| AZUCAR NO CENTRIFUGADA | 51 | | | | 51 | | | | | 51 | 0.6 | 6 | | |
| AZUCAR (EQ. EN BRUTO) | 3639 | 122 | -725 | 28 | 4459 | | | | | 4459 | 49.5 | 483 | | |
| EDULCORANTES, NEP | 143 | 97 | | 24 | 215 | | | | 148 | 67 | 0.7 | 7 | | |
| MIEL | 61 | | | 34 | 27 | | | | | 27 | 0.3 | 2 | | |
| LEGUMINOSAS SECAS | 1283 | 42 | -133 | 87 | 1372 | 19 | 70 | | 73 | 1210 | 13.4 | 130 | 7.1 | 0.7 |
| FRIJOLES SECOS | 1123 | 23 | -133 | 42 | 1238 | | 66 | | 64 | 1108 | 12.3 | 119 | 6.4 | 0.5 |
| GUISANTES SECOS | 2 | 8 | | | 11 | | | | 1 | 10 | 0.1 | 1 | 0.1 | |
| LEGUM. SECAS, OTRAS | 157 | 11 | | 45 | 123 | 19 | 4 | | 8 | 93 | 1.0 | 9 | 0.6 | 0.1 |
| NUECES | 55 | 26 | | 18 | 63 | | | | | 63 | 0.7 | 6 | 0.1 | 0.6 |
| SEMILLAS OLEAGINOSAS | 1927 | 3028 | -77 | 35 | 4997 | 275 | 22 | 4256 | 218 | 226 | 2.5 | 21 | 0.7 | 1.8 |
| SOJA | 538 | 2257 | | | 2795 | 249 | 9 | 2452 | 85 | | | | | |
| MANI | 59 | 34 | | | 93 | | 2 | 18 | 7 | 67 | 0.7 | 11 | 0.5 | 0.9 |
| SEMILLA DE GIRASOL | 1 | 112 | -9 | | 122 | | | 122 | | | | | | |
| SEMILLA DE COLZA/MOSTA | 11 | 405 | | | 416 | | | 386 | 28 | 3 | | | | |
| SEMILLA DE ALGODON | 93 | 178 | -52 | | 322 | | 7 | 216 | 98 | | | | | |
| COCOS | 1104 | | | 5 | 1099 | | | 973 | | 126 | 1.4 | 5 | 0.1 | 0.5 |
| SEMILLA DE SESAMO | 38 | 6 | -3 | 19 | 28 | | 1 | 8 | | 20 | 0.2 | 3 | 0.1 | 0.3 |
| ALMENDRAS DE PALMA | 6 | | | | 6 | | | 6 | | | | | | |
| ACEITUNAS | 15 | 3 | | 7 | 11 | | | 1 | | 10 | 0.1 | 1 | | 0.1 |
| OLEAGINOSAS, NEP | 61 | 32 | -13 | 3 | 104 | 26 | 4 | 74 | 1 | | | | | |
| HORTALIZAS | 4778 | 197 | | 1621 | 3353 | | | | 241 | 3113 | 34.6 | 26 | 1.2 | 0.2 |
| TOMATES | 1491 | 41 | | 434 | 1099 | | | | 63 | 1036 | 11.5 | 7 | 0.3 | 0.1 |
| VEGETALES, NEP | 3286 | 155 | | 1187 | 2254 | | | | 177 | 2077 | 23.1 | 19 | 0.9 | 0.1 |
| FRUTAS | 11560 | 407 | | 1107 | 10859 | | | 263 | 1109 | 9487 | 105.4 | 104 | 1.6 | 1.0 |
| NARANJAS Y MANDARINAS | 3051 | 15 | | 71 | 2995 | | | | 305 | 2690 | 29.9 | 21 | 0.4 | |
| LIMONES Y LIMAS | 795 | | | 117 | 679 | | | | 80 | 599 | 6.7 | 5 | 0.1 | |
| TORONJAS | 119 | 1 | | 6 | 114 | | | | 12 | 102 | 1.1 | 1 | | |
| CITRICOS, NEP | 17 | 2 | | 8 | 12 | | | | | 12 | 0.1 | | | |
| BANANOS | 2199 | | | 228 | 1972 | | | | 286 | 1686 | 18.7 | 34 | 0.5 | 0.2 |
| MANZANAS | 541 | 118 | | 12 | 647 | | | | 65 | 582 | 6.5 | 9 | 0.1 | 0.1 |
| PINAS | 235 | 28 | | 17 | 246 | | | | 24 | 222 | 2.5 | 2 | | |
| DATILES | 2 | | | | 2 | | | | | 1 | | | | |
| UVAS | 509 | 46 | | 64 | 490 | | | 263 | | 227 | 2.5 | 2 | | |
| FRUTAS, NEP | 4092 | 197 | | 585 | 3704 | | | | 337 | 3367 | 37.4 | 31 | 0.5 | 0.8 |

MEXICO
HOJA DE BALANCE DE ALIMENTOS
(PROMEDIO 1992-94)

POBLACION 90 024 000

| PRODUCTOS | SUMINISTRO INTERNO | | | | | UTILIZACION INTERNA | | | | | SUMINISTRO POR PERSONA | | | | |
|-------------------------|--------------------|-----------------------|--|-----------------------|-------|---------------------|--------------|--|--|------------------|------------------------------|--------------|---------------|------------|-----|
| | PRODUC CION | IMPOR TACIO NES | CAM BIOS EN LAS EXIS TENCIAS | EXPOR TACIO NES | TOTAL | PIEN SOS | SEMI LLAS | ELABORA CION PARA ALIMEN TOS | OTROS USOS + DESPER DICIOS | ALIMEN TACION | KILO GRAMOS POR AÑO | AL DIA | | | |
| | | | | | | | | | | | | CALO RIAS | PROTE INAS | GRA SAS | |
| | | | | | | | | | | | | | | | |
| 1000 TONELADAS METRICAS | | | | | | | | | | | (G) | (G) | (G) | | |
| | | | | | | | | | | | | | | | |
| ESTIMULANTES | 387 | 239 | -3 | 272 | 356 | | | | 1 | 12 | 342 | 3.8 | 8 | 0.4 | 0.3 |
| CAFE | 340 | 7 | -3 | 210 | 140 | | | | 1 | 10 | 128 | 1.4 | 2 | 0.3 | |
| CACAO | 47 | 38 | 1 | 18 | 66 | | | | | 2 | 65 | 0.7 | 4 | 0.1 | 0.3 |
| NUEZ DE AREC / COLA | | 194 | | 44 | 150 | | | | | | 150 | 1.7 | 2 | | |
| | | | | | | | | | | | | | | | |
| ESPECIAS | 36 | 15 | | 5 | 46 | | | | | | 46 | 0.5 | 4 | 0.2 | 0.1 |
| PIMIENTA | 2 | 2 | | 3 | 1 | | | | | | 1 | | | | |
| PIMENTON | 33 | 6 | | 2 | 37 | | | | | | 37 | 0.4 | 3 | 0.1 | 0.1 |
| CLAVO DE OLOR | | 1 | | | 1 | | | | | | 1 | | | | |
| ESPECIAS, NEP | | 7 | | 1 | 7 | | | | | | 7 | 0.1 | 1 | | |
| | | | | | | | | | | | | | | | |
| BEBIDAS ALCOHOLICAS | 4853 | 127 | | 320 | 4659 | | | 182 | 158 | 4319 | 48.0 | 63 | 0.4 | | |
| VINO | 185 | 16 | | 1 | 199 | | | 182 | | 17 | 0.2 | | | | |
| CERVEZA DE CEBADA | 4328 | 22 | | 251 | 4099 | | | | | 4099 | 45.5 | 45 | 0.4 | | |
| BEBIDAS FERMENTADAS | | 1 | | 1 | 1 | | | | | 1 | | | | | |
| BEBIDAS ALC.DISTILADAS | 212 | 56 | | .67 | 202 | | | | | 202 | 2.2 | 18 | | | |
| ALCOHOL,NO COMESTIBLE | 128 | 31 | | 1 | 158 | | | | 158 | | | | | | |
| | | | | | | | | | | | | | | | |
| CARNES | 3329 | 486 | | 13 | 3802 | | | | | 3802 | 42.2 | 208 | 14.6 | 16.1 | |
| CARNE BOVINA | 1289 | 139 | | 3 | 1426 | | | | | 1426 | 15.8 | 52 | 6.4 | 2.7 | |
| CARNE DE CARNERO/CABRA | 70 | 20 | | | 90 | | | | | 90 | 1.0 | 5 | 0.4 | 0.4 | |
| CARNE DE CERDO | 828 | 114 | | 4 | 937 | | | | | 937 | 10.4 | 94 | 3.1 | 9.0 | |
| CARNE DE POLLO Y AVES | 1060 | 184 | | 3 | 1241 | | | | | 1241 | 13.8 | 53 | 4.0 | 3.9 | |
| OTRA CARNE | 82 | 27 | | 2 | 107 | | | | | 106 | 1.2 | 4 | 0.6 | 0.1 | |
| | | | | | | | | | | | | | | | |
| DESPOJOS | 309 | 188 | | 1 | 496 | | | | 17 | 479 | 5.3 | 16 | 2.7 | 0.4 | |
| | | | | | | | | | | | | | | | |
| LECHE | 7624 | 3008 | | 29 | 10603 | 445 | | | 678 | 9480 | 105.3 | 151 | 9.3 | 7.7 | |
| | | | | | | | | | | | | | | | |
| HUEVOS | 1213 | 13 | | | 1226 | | 55 | | 122 | 1049 | 11.7 | 42 | 3.2 | 2.8 | |
| | | | | | | | | | | | | | | | |
| PESCADO Y FRUTOS DE MAR | 1215 | 278 | | 79 | 1414 | 386 | | | 4 | 1025 | 11.4 | 20 | 3.1 | 0.7 | |
| PESCADO, AGUA DULCE | 165 | 1 | | 3 | 164 | | | | | 163 | 1.8 | 3 | 0.5 | 0.1 | |
| PESCADO, DEMERSAL | 101 | 5 | | 1 | 105 | 4 | | | | 102 | 1.1 | 1 | 0.3 | | |
| PESCADO, PELAGICO | 402 | 253 | | 36 | 619 | 383 | | | | 237 | 2.6 | 6 | 0.7 | 0.3 | |
| PESCADO MARINO, NEP | 375 | 8 | | 10 | 372 | | | | 3 | 369 | 4.1 | 7 | 1.2 | 0.2 | |
| CRUSTACEOS | 92 | 7 | | 27 | 72 | | | | | 72 | 0.8 | 1 | 0.3 | | |
| MOLUSCOS, NEP | 58 | 2 | | 1 | 58 | | | | | 58 | 0.6 | | | | |
| CEFALOPODOS | 22 | 2 | | 1 | 24 | | | | | 24 | 0.3 | 1 | 0.1 | | |
| | | | | | | | | | | | | | | | |
| PROD. ACUATICOS, NEP | 62 | | | | 62 | | | | 61 | 1 | | | | | |
| ANIMALES ACUATICOS, NE | 1 | | | | 1 | | | | | 1 | | | | | |
| PLANTAS ACUATICAS | 61 | | | | 61 | | | | 61 | | | | | | |
| | | | | | | | | | | | | | | | |
| ACEITES VEGETALES | 837 | 664 | -3 | 36 | 1469 | | | | 472 | 996 | 11.1 | 268 | | 30.3 | |
| ACEITE DE SOJA | 416 | 86 | | 8 | 494 | | | | 28 | 466 | 5.2 | 125 | | 14.2 | |
| ACEITE DE MANI | 8 | | | | 8 | | | | | 8 | 0.1 | 2 | | 0.2 | |
| ACEITE DE GIRASOL | 49 | 203 | | 10 | 242 | | | | 25 | 218 | 2.4 | 59 | | 6.6 | |
| ACEITE DE COLZA/MOSTAZ | 144 | 110 | | | 254 | | | | 220 | 34 | 0.4 | 9 | | 1.0 | |
| ACEITE DE ALGODON | 31 | 12 | -3 | | 47 | | | | 35 | 12 | 0.1 | 3 | | 0.4 | |
| ACEITE ALMEND. DE PALM | 3 | 2 | | | 6 | | | | 6 | | | | | | |
| ACEITE DE PALMA | 5 | 164 | | | 168 | | | | 122 | 46 | 0.5 | 12 | | 1.4 | |
| ACEITE DE COPRA | 122 | 32 | | | 154 | | | | 137 | 17 | 0.2 | 4 | | 0.5 | |
| ACEITE DE SESAMO | 4 | 1 | | 1 | 4 | | | | | 4 | | 1 | | 0.1 | |
| ACEITE DE OLIVA | | 2 | | | 2 | | | | | 2 | | 1 | | 0.1 | |
| ACEITE DE MAIZ | 15 | 22 | | | 37 | | | | | 37 | 0.4 | 10 | | 1.1 | |
| ACEITES VEGETALES, NEP | 39 | 31 | | 18 | 52 | | | | -101 | 153 | 1.7 | 42 | | 4.7 | |
| | | | | | | | | | | | | | | | |
| GRASAS ANIMALES | 253 | 379 | | 1 | 631 | | | | 293 | 338 | 3.8 | 73 | | 8.1 | |
| MANTEQUILLA Y MANT. DE | 35 | 39 | | | 74 | | | | | 74 | 0.8 | 17 | | 1.9 | |
| CREMA | | 11 | | | 11 | | | | | 11 | 0.1 | 1 | | 0.1 | |
| GRASAS ANIMALES, CRUDO | 213 | 302 | | 1 | 514 | | | | 260 | 253 | 2.8 | 55 | | 6.2 | |
| PESCADO, ACEITE CARNE | 5 | 27 | | | 32 | | | | 32 | | | | | | |
| PESCADO, ACEITE HIGADO | | 1 | | | 1 | | | | | | | | | | |